



Who are we?

The Center for Youth and Family listens, offers advice and support to parents, caretakers, children and adolescents. We collaborate with youth health care, social neighborhood teams (Sociaal Wijkteams), general practitioners and many more organizations in the field of youth care.

The Center for Youth and Family offers:

- Information and advice regarding growing up, parenthood and raising children, for everyone who has questions on these subjects.
- Family coaching.
- Supporting and coaching for youth up to age 23.
- Assisting in finding appropriate care; whether this is general accessible care for everyone or specialized youth care where a referral is needed.

Together we will seek a solution that fits your situation.



The Center for Youth and Family can be reached on weekdays during office hours.

In Haarlem and Zandvoort you can contact us by calling: **088 - 995 84 84** and in the IJmond municipalities by calling **088 - 995 83 55**.

www.cjgkennemerland.nl

Follow us:  @CJGHaarlem / @CJGIJmond

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Welcome at the Centre for Youth and Family



Center for Youth and Family

When you need us

Parenting and growing up: It's so common and yet so complex. From time to time questions arise for everyone, after all, raising a child does not go automatically. The Center of Youth and Family (Centrum voor Jeugd en Gezin) is available for all your questions. Together we will ensure that you and your family can move forward on your own. We provide everything from consults, courses, coaching to parenting support: we are there when you need us.

When seeking advice, the first thing that most parents do is consult family or friends. People that are close to you, know you well and can share their own knowledge and experience. Questions regarding the development and raising of children up to 4 years can also be directed at the consultation office of the youth health center Kennemerland (Jeugdgezondheidszorg Kennemerland).

Is your child already going to school? Then you can ask the teacher who can assist you further. Besides this there are also several courses and workshops about growing-up, raising children and parenthood. And of course you can reach out to the Center of Youth and Family for personal and tailored advice.

For more information on the Center of Youth and Family and an overview of workshops and courses please visit www.cjgkennemerland.nl

The employee of the CJG is more than willing to help you along.



Information & Advice

On weekdays during office hours the Information & Advice team is available for all your questions.

'Parents have all kinds of questions. What do I do if my child spends the entire day with his phone in his room? How can my ex-partner and I reach an agreement on how to raise our child? Is a family coach a good option for me and my family? The CJG employee thinks along with you and asks questions so that together we can come to the root of the problem. Parents themselves decide which advise to follow, they know what is best for their child.'

CJG-coach

Together with the CJG-coach you determine what works well in your family, what you wish to change and in which area you need more help.

'The questions that families have are very diverse. Often they are about childraising matters but sometimes there can be more factors involved at the same time: for instance personal, financial and housing troubles. Together with parents we will come up with a plan: what are possible solutions and who can assist with these. They can be family, friends or professionals. Carrying out the plan with a good team of people allows families to move forward again.'

Youth team

The CJG-coaches in this team are specialized in coaching adolescents up to age 23 to be able to stand on their own feet.

'These kids often have problems in more area's at once, like with employment, debt, addiction or the justice system. A lot of times it can be difficult for them to fall back on family and friends because they have burnt a lot of bridges in the past. The coach will help in trying to mend relationships, tackling the problems at hand, finding schooling, employment and housing.'

Specialized Youth Care

Sometimes it becomes apparent that your child or family is in need of specialized care. This care is available with smaller and larger professional organizations. The Center for Youth and Family knows the possibilities, can help you make a good decision and bring that help to your doorstep. If your child has a sickness, disability or disorder you might need to apply for a personal budget (PGB). For more information you can contact our Information & Advice team.

Privacy

CJG employees are obligated to uphold privacy regulations. We respect the rights of youth, parents and caretakers. In every case we are always open and transparent about the purpose for which we ask personal information and how we process it.